



| Program Name   | Description   |
|--|---|
| Art & Theatre  | This program focuses on supporting Ukrainian students. For more information, please email <a href="mailto:wonderlandarts.ca@gmail.com">wonderlandarts.ca@gmail.com</a>  |
| Circles of Strength  | This program provides ongoing opportunities for those who are bereaved to connect, to share their experiences in a supportive environment and to learn strategies that can assist them in coping with their grief. Find more information at <a href="https://lumarasociety.org/circles-of-strength/">https://lumarasociety.org/circles-of-strength/</a>                     |
| Community Integration Service  | A Community Integration Specialist will provide information on income assistance, benefits, and disability benefits. No registration is required.   |
| Conversation Circle  | Practice your English while meeting and connecting with others. Learn more about life and available resources in your community. To register, please email <a href="mailto:swis@mosaicbc.org">swis@mosaicbc.org</a>   |
| Essential Life Skills & Wellbeing                                    | This workshop focuses on essential life skills, wellbeing and emotional health. Join these fun and interactive group sessions where you can learn and grow with others like you! Spanish language support is available. For more information, please contact Ana @ 604-562-0279.  |
| Immunization Workshop  | Are you and your children up to date with immunizations? The Fraser Health Regional Immunization Outreach Team is available to answer your questions and administer immunizations. 2 Information sessions (May 13 & 14) will be followed with immunizations on May 21 <sup>st</sup> .   |
| Librarian @ Welcome Centre   | Community Librarian, Logan Shea, will be at the Welcome Centre to share how the library can support families living in New Westminster.   |
| Newcomer Support Group<br>(Indigenous, Black and Peoples of Colour)  | Join the Newcomers (IBPOC) support group and share your experience, thoughts and challenges in a safe environment. Learn how to support your children and learn about resources and tools available. For more information or to register, please email <a href="mailto:spark@sd40.bc.ca">spark@sd40.bc.ca</a> or <a href="mailto:welcome@sd40.bc.ca">welcome@sd40.bc.ca</a> |
| Orientation for Students & Parents                                   | Orientation for newcomer students and their parents entering New Westminster Secondary School.  |
| Parenting Workshop by Annie Ngai                                     | Come and attend a session with Anni Ngai, parent educator, from Cameray Child and Family Services. The sessions will cover topics regarding parenting and child development. Subsequent private sessions can be booked after the workshop. No registration is required.   |
| Pre-Employment Training for Youth                                    | This is the perfect opportunity for youth to gain experience and skills for their job hunts. No registration is required.   |
| Schools' Out – Homework Club<br>(Friends of Simon)                   | Tutoring, English and homework support for Grade 1 –8 students with SFU Student Tutors. To register, please email <a href="mailto:swis@mosaicbc.org">swis@mosaicbc.org</a> or call/text at 604-561-8390   |
| Support Group for IBPOC<br>(Indigenous, Black and Peoples of Colour) | Join the IBPOC support group and share your experience, thoughts and challenges in a safe environment. Learn how to support your children and learn about resources and tools available. For more information or to register, please email <a href="mailto:spark@sd40.bc.ca">spark@sd40.bc.ca</a> or <a href="mailto:welcome@sd40.bc.ca">welcome@sd40.bc.ca</a>             |
| Youth Friendship Circles   | This is a free drop-in program for NWSS students. The goal is to educate and inspire newcomer youths on healthy relationships and boundaries through discussions on compassion, consent, friendship, bullying and more. No registration is required.  |

